

Devotions 2026: June 22 to June 28

For daily devotions I am going to start using 60 days of prayer published by Guideposts.

Monday: Breaking the Cycle

Romans 12:2 – Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Some patterns may feel unbreakable, fears and habits that keep circling back. But God never meant for you to stay stuck. He steps in with hope, breaking old cycles and filling your days with new thoughts, new choices, and fresh strength.

Prayer: Lord, renew my mind, reshape my days, and lead me into a freer, healthier way of living.

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

Tuesday: Seeing with Compassion

Matthew 9:36 – When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.

When Jesus looked at people, He saw hearts hurting and hopes running thin. His compassion lifted the weary and reminded them they mattered. When you begin to see others the way He does, judgement fades and love steps forward. Compassion becomes a simple powerful way to brighten someone's day.

Prayer: Lord, soften my gaze today and help me offer the same compassion You so freely give.

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Wednesday: Love In Action

1 John 3:18 – Dear children, let us not love with words or speech but with actions and in truth.

Love is more than emotion; it is motion. It moves us to notice someone who is hurting, to offer forgiveness when it would be easier to stay silent, or to serve without being asked. Each act of kindness and each word of encouragement becomes a reflection of God's living truth in us. Love that acts becomes faith that shines.

Prayer: Heavenly Father, help my love to show itself in action. Let what I do speak louder than what I say.

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Thursday: Dare to Begin Again

Isaiah 43:18-19 – Forget the former things; do not dwell on the past. See, I am doing a new thing.

Every fresh start carries the promise of God's faithfulness. What feels like an ending may be the very place He plans to breathe new life. God's mercies open paths you never imagined possible. When you dare to begin again, you step into a future shaped not by what was but what God can still do.

Prayer: Lord, loosen my grip on what is behind me. Fill me with courage, hope, and expectancy as I step into the new things You are creating.

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Friday: When You Feel Disappointed with God

Proverbs 13:12 – Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.

God welcomes your honesty. When you feel upset or disappointed, share it with Him. Often, in time, He brings unexpected goodness through these circumstances. Even when your heart aches, trust He is gently guiding you forward.

Prayer: Lord, when disappointment weighs on my heart, help me trust Your timing and hold on to the hope that You are working for my good.

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Saturday:**Where Faith Meets Fun**

Proverbs 17:22 – A cheerful heart is good medicine, but a crushed spirit dries up the bones.

God cares about your emotional well-being just as much as He cares about your spiritual growth. Joy strengthens you from the inside out, and when you allow yourself to enjoy the gifts He has placed in your life, your happiness honors Him.

Prayer: Lord, help me embrace the fun that brings life back into my spirit.

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Sunday:**The Gift of Being Wrong**

James 4:6 – God opposes the proud but shows favor to the humble.

Being wrong never feels great, but it can become one of God's most surprising blessings. When you admit a mistake, humility cracks open the space where grace can do its best work. Those moments make you kinder, wiser, and more open to the ways God wants you to grow.

Prayer: Dear Lord, give me a humble heart that learns quickly, loves deeply, and grows through every mistake.

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