

Devotions 2026: June 1 to June 7

For daily devotions I am going to start using 60 days of prayer published by Guideposts.

Monday: Tune In and Worship

Psalm 22:3 (ESV) – Yet you are holy, enthroned on the praises of Israel.

Worship begins with noticing, catching those moments where God's goodness glimmers in your day. It's the simple pause that reminds you He is near and at work in ways you cannot yet see. Every time you choose to praise Him, you make room for His strength to meet you right where you are.

Prayer: Lord, I worship You with all I am. Let my praise rise to You with joy, and let Your beauty and goodness shape this day.

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

Tuesday: Wordless Prayer

Romans 8:26 – The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us.

Sometimes prayer is more of a sigh than a sentence. When words fail, the Spirit speaks on our behalf, carrying our quiet longing to the Father. Even silence can be sacred when offered in trust.

Prayer: Holy Spirit, thank You for knowing me and hearing the prayers I cannot put into words.

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Wednesday: Being Yourself with God

Psalm 62:8 – Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.

With God, you never have to pretend. You don't have to hide your exhaustion or organize your thoughts before bringing them to Him. He accepts and loves the unfiltered version of you, exactly as you are.

Prayer: Lord, thank You for welcoming me just as I am; unedited, honest, and open to the peace only You can give.

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Thursday: The Gift of Enough

Hebrews 13:5 – Keep your lives free from the love of money and be content with what you have, because God has said, “Never will I leave you; never will I forsake you.”

Enough is not about having everything we want, it is knowing that we already have God's presence. His companionship satisfies every empty place. Gratitude grows when we stop fixating on what we have and start remembering that He is near.

Prayer: Dear Lord, thank You for being my portion and my peace. Teach me to rest content in You.

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Friday: When God Opens Unexpected Doors

Revelation 3:7 – What he opens no one can shut, and what he shuts no one can open.

God often works through unexpected openings: opportunities you did not plan, paths you had not considered, blessings that come out of nowhere. What feels surprising to you is often heaven's perfect timing. When you trust Him, you do not have to force anything; the door will swing open when the moment is right.

Prayer: Lord, help me recognize the doors You open for me and trust that Your plans are always good.

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Saturday: When Hope Feels Fragile

Psalm 42:11 – Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God.

God tends even the faintest spark of hope. What looks like the end of your strength is often the beginning of His renewal. He rebuilds your hope with the steady reminder that He is working ahead of you.

Prayer: Lord, strengthen my hope. Let Your promises revive my spirit.

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Sunday: Healthy Boundaries with People You Love

Proverbs 4:23 – Above all else, guard your heart, for everything you do flows from it.

Loving people does not mean saying yes to everything they expect or absorbing the weight of every emotion they carry. Healthy boundaries protect your peace and create space for relationships to breathe, heal, and flourish.

Prayer: Lord, help me set boundaries that protect my peace and allow love to grow in healthy ways.

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