

Devotions 2026: January 26 to February 1

For daily devotions I am going to start using 60 days of prayer published by Guideposts.

Monday: Open Hands, Open Heart

James 1:17 – Every good and perfect gift is from above, coming down from the Father of the heavenly lights.

Sometimes we hesitate to receive what God freely gives; grace, peace, joy, even rest. But His blessings are not earned; they are offered out of love. Accept them with open hands and a grateful heart. When we receive what He gives, we can reflect His goodness to others.

Prayer: Lord, help me recognize and receive the gifts You have placed in my life. May my heart stay open to Your blessings, big and small.

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

Tuesday: Learning to Be Still

Exodus 14:14 – “Th Lord will fight for you; you need only to be still.”

Stillness is not the same as doing nothing; it is the bold decision to stop striving and let God move. When you have done all you can, He takes over. Stillness makes room for surrender, and surrender invites peace. Some battles are won not by actions but by trust.

Prayer: God, help me release my urge to control and trust You are already working on my behalf.

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Wednesday: When You Feel Spiritually Stuck

Proverbs 4:18 – The path of the righteous is like the morning sun, shining ever brighter till the full light of day.

There are seasons when growth feels slow or invisible. But even when you do not feel it, God is still at work. Spiritual life is not measured by intensity but by presence, obedience, and grace. You are not stuck; you are becoming.

Prayer: Lord, keep drawing me forward, even in small ways. Shine light on the path, and help me keep moving toward You.

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Thursday: Giving without Expectation

Matthew 6:3 – “When you give to the needy, do not let your left hand know what your right hand is doing.”

Being seen feels good; but some of the most meaningful things you will ever do will go unnoticed by others. And that is okay. God sees every quiet act of kindness, every sacrifice made in love, every moment of faithfulness. His approval is more than enough. There is a deep freedom in giving without applause, in loving simply because He first loved us.

Prayer: Father, help me love generously, without needing recognition. Let me live for Your eyes only.

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Friday: When You Need a New Perspective

Colossians 3:2 – Set your minds on things above, not on earthly things.

It is easy to get caught in the daily details, to focus only on what is urgent or stressful. But peace often comes with a shift in focus. When you gaze lifts to eternal things, everything below looks different. Sometimes the most crucial change is the one inside your view.

Prayer: God, lift my eyes today. Help me see with clarity, with peace, and with eternal purpose.

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Saturday: Moments to Remember

Psalm 143:5 – I remember the days of long ago; I meditate on all your works and consider what your hands have done.

A memory returns out of nowhere; the sound of shared laughter, sunlight glinting on fresh snow, the comfort of gathering with those you love. It stays with you not just because it was joyful but because something holy touched it. God was there. Remembering it now is a reminder that He fills your life with goodness, and He is not done yet.

Prayer: Lord, thank You for the memories that hold warmth and light. Help me carry them forward as reminders of Your presence in every season.

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Sunday: Say Yes to God

Isaiah 6:8 - Then I heard the voice of the Lord saying, “Whom shall I send? And who will go for us?” And I said, “Here am I. Send me!”

God is not looking for perfection. He is simply looking for someone willing to say yes. You may not feel ready, but when you step forward in faith, He will prepare you for every step ahead.

Prayer: God, I say yes. Use my life in ways I cannot imagine.

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