

## **Devotions 2026: June 29 to July 5**

*For daily devotions I am going to start using 60 days of prayer published by Guideposts.*

### **Monday:** God's Unchanging Promise

*Isaiah 40:8 – The grass withers and the flowers fall, but the word of our God endures forever.*

When you feel stressed y life's changes, reach for the Bible. His Word does not wilt with time or weaken under pressure. It stays true in every season of your life. When you hold onto what He has spoken, you anchor yourself to something eternal and strong enough to carry you through anything.

*Prayer: Merciful Lord, I am so thankful that Your promises never fade. Calm my fear with Your unchanging truth.*

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

### **Tuesday:** Speak Kindly to Yourself

*Psalms 139:14 – I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.*

The words you say to yourself shape your confidence, peace, and faith. God never meant for your inner voice to tear you down. He longs for you to remember the truth He speaks over you. Let His love reshape how you see yourself.

*Prayer: Lord, help me speak kindly to myself, trusting that I am wonderfully made by You.*

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**Wednesday:** New Mercies Each Morning

*Lamentations 3:22-23 – Because of the Lord’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.*

Every sunrise is a reminder that grace begins again, Yesterday’s mistakes do not disqualify you from today’s mercy. God’s love is never rationed; it arrives new each morning. The day ahead may hold unknowns, but His faithfulness greets us before our feet even touch the floor.

*Prayer: Heavenly Father, thank You for Your mercy. Help me begin this day with my spirit washed clean.*

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**Thursday:** Learning the Rhythm of Grace

*Psalm 31:15 – My times are in your hands.*

Life does not follow a perfect beat, but God’s grace does. His rhythm is filled with moments of rest, connection, laughter, and unexpected blessings. When you stop trying to force the pace and move with Him your days feel lighter and your steps steadier.

*Prayer: Dear Lord, teach me to move with Your grace today. Help me find peace in the rhythm You set for my life.*

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**Friday:** The God Who Heals

*Psalm 147:3 – He heals the brokenhearted and binds up their wounds.*

Some wounds are invisible to the eye but no less real. God’s healing comes gently, often through time, prayer, and His presence. The same hands that shaped the stars are tender enough to mend your heart. Healing may not look the way you expect, but His touch always restores what matters most.

*Prayer: Merciful Lord, heal the places still aching within me. wrap Your mercy around my hurt and make me whole.*

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**Saturday:** Freedom Within

*John 8:36 – So if the Son sets you free, you will be free indeed.*

On this fourth of July, we celebrate the blessings of living in a land where freedom is cherished. Yet Scripture reminds us of an even greater freedom; one that goes deeper than national liberty. Christ sets us free in ways no earthly power can: freeing our hearts from guilt, loosening the grip of fear, and breaking the chains of anything that holds us back. His freedom is steady, enduring, and offered to every soul.

*Prayer: Lord Jesus, thank You for both the blessings of this country and the deeper freedom only You can give.*

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**Sunday:** The Beauty of Simplicity

*1 Timothy 6:6 – But godliness with contentment is great gain.*

Summer has a way of slowing us down. When you pause to notice the simple things, gratitude begins to rise: a soft breeze, shared laughter, the gift of rest after a full day. God often speaks through these small blessings, reminding you that often the quiet moments are the most beautiful.

*Prayer: Lord, let contentment take root in the sunshine, the stillness, and every single blessing You place in my path.*

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