

Devotions 2026: January 19 to January 25

For daily devotions I am going to start using 60 days of prayer published by Guideposts.

Monday: Seen and Known

Genesis 16:13 – “You are the God who sees me.”

There are days when you give, serve, and try; and it still feels like no one notices. But God does. He sees every hidden effort and quiet act of faithfulness. What you do in secret is never lost on Him. You are deeply seen, even when you feel overlooked.

Prayer: *God who sees, thank You for knowing me. Remind me that my worth does not depend on who is watching.*

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

Tuesday: The Courage to Begin

Psalm 37:5 – Commit to the Lord; trust in him and he will do this.

New beginnings bring excitement; and uncertainty. Whether it is a job, a move, a habit, or a hope, start by giving it to God. Surrender does not mean letting go of effort; it means letting Him lead. You do not have to figure it all out. You just have to begin with Him.

Prayer: *Lord, I place this new beginning in Your hands. Build something lasting from what I offer You.*

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Wednesday: When Prayer Feels Hard

Romans 8:26 – We do not know what we ought to pray for, but the Spirit himself intercedes for us.

Some days, the words just will not come. Whether your heart feels heavy or distant, God is not waiting for you to say the perfect thing; He is listening for honesty. The Holy Spirit fills in the gaps, even in silence. Just showing up is enough.

Prayer: *Lord, when I do not know what to say, thank You for hearing my heart anyway.*

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Thursday: The Gift of Truth

Proverbs 12:22 – The Lord detests lying lips, but he delights in people who are trustworthy.

Being honest is not always easy, but it is always right. God values truth, and when we speak and act with honesty, we reflect His nature. Integrity builds trust, deepens relationships, and brings peace to our hearts. Honesty also frees us from the weight of pretending. When we are truthful, we live with quiet confidence in God's approval.

Prayer: *Lord, give me the strength to be honest in every moment and to honor You with my words.*

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Friday: The Light That Leads

Psalm 119:105 – Your word is a lamp for my feet, a light on my path.

You do not need to see the whole road ahead to move forward. God offers light for the next step when you need it. His Word does not just inform; it gently illuminates the path. You can trust Him to lead you with steady grace when things feel unclear.

Prayer: *Lord, guide my steps through Your Word. Let me walk in the light You give, one step at a time.*

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Saturday: When You Feel Out of Place

Philippians 3:20 – Our citizenship is in heaven. And we eagerly await a Savior from there.

There are moments when you may feel like a stranger in your own life; misunderstood, unseen, or simply out of sync with the world. That ache is not something to fix; it is something to notice. God has placed eternity in your heart, a quiet reminder that you were made for more than this world. The longing you feel points to the Savior who is coming to make all things right.

Prayer: *Heavenly Father, when I feel out of place, remind me that I belong to You.*

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Sunday: Your Unique Purpose

Psalm 138:8 – The Lord will fulfill his purpose for me; your steadfast love, O Lord, endures forever.

Have you ever wondered if what you are doing matters? Maybe your days feel repetitive, or your efforts go unnoticed. God is never wasteful; He weaves purpose into even the humblest acts of faithfulness. Your worth is not measured by how much you do but by the unchanging truth that you are deeply loved and known by Him.

Prayer: *Lord, remind me that I do not have to earn significance. Help me trust that You are using my life in ways I cannot always see.*

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