

Devotions 2025: October 6 to October 12

For daily devotions I am going to start using 60 days of prayer published by Guideposts.

Monday: Change the Picture

2 Corinthians 4:18 – We fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

When you face stress, setbacks, and times when life does not go as planned, lift your eyes from the broken pieces and focus on what is unshakable: His promises, presence, and love. Trust that in time you will stand in awe of His perfect plan.

Prayer: Heavenly Father, help me let go of what I cannot change and focus on You.

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

Tuesday: Being before Doing

Psalm 46:10 – “Be still, and know that I am God.”

In a world that often measures your worth by productivity, it is easy to believe that doing more means being more. But God calls you first to be; to rest in His presence, trust in His love, and find your identity in Him, not through your accomplishments. When you focus on being with God, your doing flows from a place of peace and purpose rather than pressure. Today, take a moment to simply be still, knowing that who you are in Him matters more than anything you do.

Prayer: Father, teach me to be still, to rest in Your presence, and to let my actions flow from a heart anchored in You.

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Wednesday: Release Unhealthy Attachments

Matthew 6:19, 21 - "Do not store up for yourselves treasures on earth... For where your treasure is, there your heart will be also."

We often cling to things that were never meant to satisfy us; relationships, possessions, or habits. True fulfillment comes from God alone. When we release our grip on temporary things and put Hi first, we experience a joy and peace that nothing else can provide.

Prayer: Lord, help me let go of anything I have placed above You. Teach me to find my worth, joy, and security in You alone. My heart belongs to You.

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Thursday: When Healing Feels Slow

Psalms 147:3 - He heals the brokenhearted and binds up their wounds.

Healing is not instantaneous. Sometimes the process feels unbearably slow, leaving you wondering if you will ever feel whole again. But God promises to bind your wounds and restore your heart in His perfect timing. Even when healing seems delayed, He is still at work, tenderly caring for you and holding you close. Trust Him through the process; He will see you through.

Prayer: Father, thank You for being my Healer. Even when the process feels long, help me trust Your timing and find peace in Your care.

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Friday: Courage in the Small Things

Judges 6:14 - The Lord turned to him and said, "Go in the strength you have and save Israel out of Midian's hand. Am I not sending you?"

Gideon did not see himself as courageous. He was hesitant, full of doubt, and needed reassurance before answering God's calling. Yet God did not wait for Gideon to feel ready; He called him anyway. The same is true for you. You do not need to have all the answers or feel completely confident. God's power will carry you through. Trust that He equips those He calls.

Prayer: Lord, give me the courage to proceed, knowing that Your strength is always enough.

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Saturday:**Hope Lifts Your Heart**

Isaiah 40:31 – Those who hope in the Lord will renew their strength.

When you need hope, turn to God's Word. Scripture is a lifeline that steadies your heart when the world seems to be too much. God's love is not shifting, and He remains faithful to guide you throughout your days; even the toughest ones. Hope in Him does not remove the difficulties but refreshes your strength and fills your heart with peace.

Prayer: Dear Lord, renew my heart, restore my faith, and remind me that Your promises are true.

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Sunday:**Live in Victory**

1 Corinthians 15:57 – Thanks be to God! He gives us the victory through our Lord Jesus Christ.

Victory is not just about overcoming obstacles; it is about walking in the confidence that, Through Christ, you are already victorious. It is choosing faith over fear, perseverance over doubt, and trust over control. True victory does not always mean the battle disappears; sometimes it means standing firm, knowing God is fighting for you.

Prayer: Heavenly Father, teach me to stand firm, trust Your promises, and move forward in faith, knowing You are always leading the way.

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