

Devotions 2025: September 8 to September 14

For daily devotions I am going to start using 60 days of prayer published by Guideposts.

Monday: Break Free Through Forgiveness

Colossians 3:13 – Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Forgiveness is like setting down a heavy burden; you feel lighter, freer, and closer to joy. This verse invites us to release the pain, extend the grace we have been shown, and allow God's love to work in our hearts. When we forgive, we open the door to healing and find room for peace.

Prayer: Dear Lord, fill my heart with Your love and grace. Teach me to walk in freedom and joy.

Stay safe, stay healthy, take care and God Bless! Pastor Mary Lou

Tuesday: The Courage to Show Empathy

Ephesians 4:2 – Be completely humble and gentle; be patient, bearing with one another in love.

Understanding others especially those who challenge us, takes effort and empathy. And this is exactly what Christ asks of you. His love teaches you to look beyond faults and see the struggles others may carry. When you approach others with humility and compassion, you mirror His grace and create opportunities for healing and connection.

Prayer: Father, fill me with empathy and understanding. Help me respond with patience and love, especially when it is hard.

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Wednesday: See God's Hand in Life's Interruptions

Proverbs 16:9 – In their hearts humans plan their course, but the Lord establishes their steps.

Interruptions in life can feel overwhelming, but they may carry God's gentle redirection. This verse encourages you to trust Him, even when things do not go as planned. God's detours are often His way of leading you to growth, wisdom, and unseen blessings. When you pause and look for His hand in the unexpected, you will discover beauty and purpose in places you never imagined.

Prayer: Lord, open my eyes to see Your hand in life's interruptions. Help me welcome the blessings of change.

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Thursday: Finding Hope on 9/11

Matthew 5:4 – "Blessed are those who mourn, for they will be comforted."

Today we pause to remember lives lost, families changed, and a world forever impacted by the events of September 11. It is a day of sorrow and resilience; a reminder of the strength found in unity and the healing power of hope. God's presence shines brightest in our darkest moments, comforting broken hearts and offering peace when everything feels uncertain. As we reflect, may we honor the memory of those we lost by choosing kindness, fostering unity, and leaning into the love that carries us through.

Prayer: Dear Lord, help us trust in Your love and live as beacons of light in the world.

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Friday: Faith Through the Lens of Everyday Miracles

Psalms 103:2 – Praise the Lord, my soul, and forget not all his benefits.

Life filled with everyday miracles; moments of beauty, grace, and answered prayers. Pause and take notice of the blessings God places in your path, both large and small. When you reflect on His goodness, your heart fills with gratitude and your faith deepens. His love and power are revealed in the details of your daily life.

Prayer: Lord, help me see Your beauty and recognize everyday miracles.

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Saturday: Running the Race Marked Out for You

Hebrews 12:1 – Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us.

God uniquely designs your life's race. He has equipped you to run it with strength and purpose. This call to perseverance encourages you to set aside anything weighing you down; distractions, doubts, and burdens. Focus on the path God has made for you, and trust Him to provide the endurance you need to finish well.

Prayer: Father, give me the strength to focus on the path You have crafted for me.

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Sunday: Reclaiming Your Spiritual Identity

2 Corinthians 5:17 – Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

Through Christ, you are made new. Your past no longer defines you. He gives you a fresh start as His beloved child. This verse invites you to confidently step into your spiritual identity, free from old burdens and doubts. Trust in His grace for your life, knowing that His love transforms and redeems you.

Prayer: Father, thank You for making me new in Christ. Help me live each day with confidence in Your plans.

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